

THE GOAL-SCORING CHALLENGE

DESCRIPTION

An individual or team challenge to score as many points as possible by shooting a ball into different targets in the goal.



SET-UP

You can adapt based on the equipment available to your school.

- **Ball(s)**
- **Goal**
- **2 x targets** in the corners of the goal -these could be the print outs supplied or even hoops you have in the PE cupboard. Whatever works as a target for the children to aim for
- **1-3 cones as targets** - placed centre front of goal
- **Paper and pen** for scoring

HOW TO PLAY

The objective is to score as many points as possible by hitting the targets:



- 1** Set-up goals
- 2** Watch training video
- 3** Students put into teams (optional)
- 4** Warm-up + practise shots
- 5** Students take turns to kick the ball into the goal, their score is recorded for each play. We suggest each child has 4 kicks, but teachers can adapt based on time.
- 6** Scores tallied, and the winner/winning team congratulated

You can adapt the set up as you see necessary, students can throw the balls at targets if unable to kick the ball.

OPTIONAL - EXTRA ROLES

- Referee/manager (telling pupils when to shoot)
- Score counter
- Winners' trophy design and build
- Goal set up and reset